

## About Faith

Faith is a spiritual director and retreat facilitator; an ELCIC diaconal minister and ABT Synod ecumenical officer. She is a writing coach for Catholic seminarians and faculty advisor for a DMin program. Author of four books on Shakespeare, she has taught in university classrooms. Also a dancer, poet, and music-lover, she rarely knows how to answer the question, "What do you do?"

With a PhD in English Literature (U of Alberta), Faith had been heading towards an academic career. The onset of a sudden and debilitating chronic illness radically altered that course – and caused her to ask deep, hard questions about faith, hope, and the promise of "abundant life." Faith cultivated her passion for sacred story—how to believe it, see it, proclaim it, and live it.

Having completed an MTS and now almost thirty years into her illness, she continues to live with unpredictable physical limitations while making meaning out of the raw details of daily life and encouraging others to do the same.



To learn more or to register,

Visit

<https://retreatofourown.com>

or contact

**Joe Stolee**

(403.478.9684, joestolee@shaw.ca)

or

**Pamela Giles**

(306.717.1209, pamelagiles@shaw.ca)



# the 16th Annual Retreat Of Our Own 2019

## A TAPESTRY OF SACRED STORIES: YOURS, MINE, GOD'S

a theological reflection retreat  
for Lutheran & Anglican  
learners at Sylvan Lake, AB



WITH

**DR. FAITH NOSTBAKKEN**  
September 13 - 15

## A Tapestry of Sacred Stories: Yours, Mine, God's

### Sessions

#### I. Introducing Sacred Story: Call and Blessing

We will begin by considering how our lives can be seen as threads of a story and what makes them sacred. Then we will explore the first avenue into sacred story through the biblical theme of call and blessing.

#### II. Spiritual Encounters: Personal Relationships

Two more threads of the sacred tapestry can be drawn from our spiritual encounters and our many and diverse relationships: this is the warp and woof of divine and human experiences interwoven.

#### III. Tests/Challenges/Eclipses

Here we will ask how the darker threads of the unbidden and unasked-for challenges also add texture and meaning to our sacred stories. What, then, is the unique fabric of each of our lives, still unfinished, still becoming?

***“Love the question,  
shape the answer, share  
the story.”***



**Dr. Faith  
Nostbakken**



### Schedule

#### FRIDAY SEPTEMBER 13

- 7:00 p.m. Registration Begins
- Opening reception
- 8:00 p.m. Opening worship (Holden Evening Prayer)

#### SATURDAY SEPTEMBER 14

- 8:00 a.m. Breakfast
- 8:30 a.m. Morning Prayer
- 9:00 a.m. Session I: Introducing Sacred Story
- 10:15 a.m. Coffee
- 10:30 a.m. *continued from I*
- 12:00 p.m. Lunch
- 1:00 p.m. Free time
- 6:00 p.m. Supper
- 7:30 p.m. Session II: Spiritual Encounters
- 9:00 p.m. Evening worship

#### SUNDAY SEPTEMBER 15

- 8:00 a.m. Breakfast
- 8:30 a.m. Morning Prayer
- 8:45 a.m. Session III: Tests/Challenges/Eclipses
- 10:30 a.m. Closing Eucharist
- 11:30 p.m. Lunch & Farewell

